

10K 2009 North West



Charity 10k Road Race and Walk

Sunday 3rd May, 2009

Start: 3pm



In aid of charities:

- ALZHEIMER SOCIETY OF IRELAND, DONEGAL BRANCH
- DONEGAL DOWN SYNDROME ASSOCIATION
- MS IRELAND, DONEGAL BRANCH

Check In:

Letterkenny Community Centre 12 noon

Entry Fee €10 (Run and Walk)

Entry Closes at 2.30pm

AAI Permit Granted and Accurately Measured Course

SPOT PRIZES GALORE - FUN FOR ALL THE FAMILY

Website www.northwest10k.com – See website for pre booking details

SPONSORSHIP CARDS AND ENTRY FORMS AVAILABLE FROM:

Letterkenny Chamber, Grand Central Complex, Canal Road. 074 9124866